



TYPE 1
FOUNDATION
Support | Awareness | Connection

Type 1
Mum's Dinners



Dear T1F Ambassador,

Thank you for being part of the Type1 Foundation team. Your support is very much appreciated. Please see some handy notes below about how our nights are run.

I can't wait to get down there and enjoy a dinner with you. Xx
Let me know if you need any more info
Ange. X



Host books venue, time and date.

Host to send T1F event details. A page and invite is created and shared.

Usually around 10-12 guests is a good number.

Personally invite people you know as that may help them feel more comfortable

Host arrives 15 minutes before the event starts to set up the goodie bags on every place. Goodie bags are supplied by the T1F.

A raffle is a great option during the night. Hosts are encouraged to source several small gifts- usually donations from local businesses. Prizes could include vouchers, T1F merch, champagne, candles etc. Each guest to receive a raffle ticket on arrival and prizes drawn at random during the event.

Host welcomes all guests and makes everyone feel comfortable as they arrive.

No guest is to ever be left sitting alone

Every guest is given a name tag

All guests are given a raffle ticket

All guests receive a complimentary drink

Once a year at the Xmas dinner all TIF club members receive a complimentary meal.

During the meal we go around the room and introduce ourselves. Our connection to Type1 and something that we would like help with. {My name is Ange, my child was diagnosed at 9. She's now 16. We were misdiagnosed and it was traumatic, I would love to meet other Mums who have experienced the same}.

The night finishes up with coffee /tea or dessert and a little speech from host to thank everyone for taking the plunge as we understand attending an event like this can be daunting etc.



These nights are fun, very friendly and relaxed. They are an experience for Mums/ women to feel like they belong. We want them to want to return for the next one. We encourage tears , open conversations, sharing of hardships without judgment.

Thank you for hosting xx